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ANDREA ZIANS | STRATEGIC ACADEMICS

# NEWSLETTER

Because Every Student Deserves to Succeed!



## Updates & What's New

It's a busy season of planning professional development sessions and supporting students and clinics.

I've also completed two major projects I'm excited to share. My new workbook, *How to Study with ADHD and Other Learning Challenges*, is now available on Amazon, and my Assistive Technology modules are helping students and schools across Ontario improve accessibility and inclusion.

**Read on to learn more.**

ADHD and Executive Function Coaching-  
Because Every Student Deserves to Succeed!

## Here's What's Inside This Issue

- More about my new book
- More about my Assistive Technology Modules
- Link to my new advice column

Schedule a session or a free 30 minute consultation to learn more about my services. [Book now](#), or go to my website.

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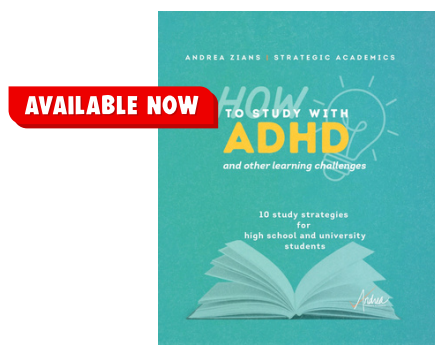
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## Strategy Spotlight

I'm thrilled to share that my new workbook, **How to Study with ADHD and Other Learning Challenges**, is now available on Amazon. It took a full year to create and reflects over 30 years of experience supporting students.

This practical, easy-to-follow guide gives high school and university students ten proven strategies to study more effectively, retain more, and earn better grades.

It's filled with tips, tools, and templates that build confidence and real learning skills. Your feedback means a lot — reviews help other students and parents discover the support they need.



Click the book to  
be redirected to  
Amazon

## Dear Andrea

I'm excited to share that I now have an advice column with the Hamilton Jewish News.

My first article focused on test anxiety and how students can manage stress and perform at their best.

The upcoming edition offers guidance for students returning to school while recovering from a concussion or head injury. In both columns, I discuss practical strategies and academic

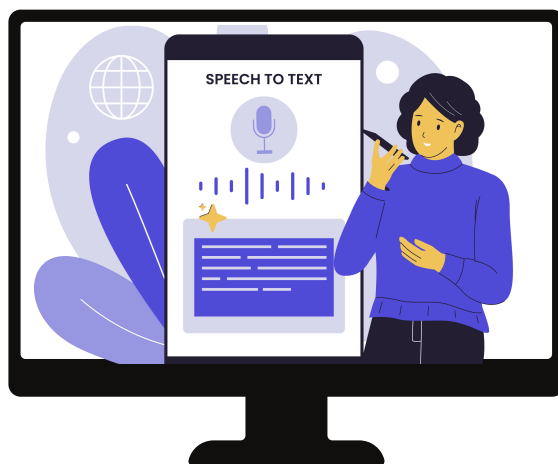


accommodations that help students stay supported and succeed, even when learning feels challenging.

Click here to read the first column.



## Assistive Technology Updates



My Assistive Technology modules continue to help schools and families integrate tools that support diverse learners.

A favorite strategy this fall is **Speech to Text** — built into Google, Microsoft, and Apple devices. It allows students to talk through ideas, write faster, and reduce frustration. Whether brainstorming, outlining, or writing essays, it helps students get their thoughts out clearly.

If your school or clinic wants to learn more or gain access to my AT modules, reach out anytime.

Have you tried Speech to Text yet? **It's a game changer.**