

ANDREA ZIANS | STRATEGIC ACADEMICS

NEWSLETTER

BECAUSE EVERY STUDENT DESERVES TO SUCCEED!

- **BUILD CONFIDENCE**
- **BUILD SKILLS**
- **BUILD HABITS**
- **REAL RESULTS**



ACADEMIC AND EXECUTIVE FUNCTION COACHING

IN THIS ISSUE

- Andrea in the Media
- Upcoming Workshops for Schools
- First 100 Day Success Plans
- Updated Website
- AI tools for studying

Strategic Academics

What a great semester! I had the privilege of working with so many wonderful students this year, and now we are all looking forward to a well deserved summer break.

But summer is not just for the beach. I am working with students in summer school, students who want to strengthen their school skills, and those getting ready for the big transition to university or college. More about that inside!

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LEARNING STRATEGIES: FIRST 100 DAY SUCCESS PLANS



Starting college or university is exciting, but those first weeks can genuinely make or break an entire semester.

That is why I created **the First 100 Day College Success Program**, a three session curriculum designed to set students up for real, lasting success before classes even begin.

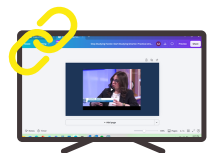
We cover how much time students truly need to study, proven study strategies, notetaking skills, and what it really means to be a post secondary student. We also look at the expectations that come with this new chapter and how to not just survive but genuinely thrive.

Together, the student and I build a real, personalized plan that includes things most students never think to consider ahead of time. A little planning now means walking into September feeling confident, calm, and completely prepared.

Ready to get started? Spots are limited, so register early.
[Click here to register](#)

ANDREA IN THE MEDIA

I am excited to share that I have now been a guest on Cable 14 twice! Both segments focused on practical strategies for supporting students with learning challenges. Both interviews are packed with practical strategies you can use right away. Head to the media page on my website to watch them.



UPCOMING PROFESSIONAL DEVELOPMENT WORKSHOPS

I am excited to be bringing a new Professional Development workshop series into schools! This September! ✨

Topics include:

Learning Strategies for High School Students and Their Teachers. Let's give students the real tools they need to succeed.

Embedding Self Regulation and Executive Function into the Curriculum. Real impact, real change in the classroom. [LINK](#)

Read More

If your school is interested in booking a PD session, connect with me at andrea@andreazians.com

UPDATED WEBSITE

UPDATE ✨

I have given my website a refresh! After a full year of doing this work, I have a clearer picture of who I help and how, and the site now reflects that with clearer messaging and updated visuals. ✨

Take a look at www.andreazians.com



RESOURCES AND TECHNOLOGY UPDATES







GOOGLE NOTEBOOK LM

This month I want to introduce you to Google Notebook LM, a tool that works differently from the AI you may be used to. This AI tool only works with the material you give it, so there's no guessing or misinformation.

Upload your readings, notes, or course material, and NotebookLM can turn them into mind maps, podcasts, videos, and infographics. For students who learn best by listening or seeing the big picture, this is a powerful way to engage with course content. **Below is an infographic Notebook LM created for me based upon one of my PowerPoints explaining my services and work.**

One note: you need a personal Gmail account (not a school account) and you must be over 18, which makes this a great strategy for older students.

From Diagnosis to Doing: How Academic Coaching Closes the Success Gap
Academic coaching is the "missing piece" that teaches students the hidden curriculum of school—organization, study strategies, and independence.

<p>Start With the Assessment</p>  <p>A psychoeducational report explains the student's mind, but the student still needs to learn how to navigate academic demands.</p>	<p>Coaching vs. Tutoring</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>TUTORING</p>  <p>Focuses on course content.</p> </div> <div style="text-align: center;"> <p>COACHING</p>  <p>Builds the foundational skills, systems, and habits needed to master any subject.</p> </div> </div> <p>Tutoring focuses on course content; Coaching builds the foundational skills, systems, and habits needed to master any subject.</p>	<p>Master the Hidden Curriculum</p>  <p>3:1 REVIEW RATIO</p> <p>We build skills in digital organization, assistive technology (AI/Text-to-Speech), and active study techniques like the 3:1 review ratio.</p>	<p>Shifting from Nagging to Independence</p>  <p>Systems replace parent-led reminders with student-led advocacy, moving the locus of control back to the student.</p>	<p>Achieving Academic Transformation</p>  <p>Through modeled strategies and deliberate practice, students move from being overwhelmed to being proud, capable, and independent learners.</p>
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